

June 30, 2026

North Lakeland Volleyball: **Summer Update**

We have a tentative schedule set on the following page.

For our 7th and 8th graders, we will be holding four practices before the school year begins. The purpose of these practices with our older players is to start working on specializing in specific positions and teaching them about the game beyond basic skills. The goal would be just for our varsity team (made up of 8th graders and some 7th graders) to transition into this style of play. Recently, Lakeland Union High School cut their JV3 volleyball team (which functioned like a Freshman team) and our goal is to help North Lakeland players to be as prepared as possible if they choose to try out for volleyball when they get to high school. We understand that these practices are during summer break, but we hope players will make an effort to attend if they are in town.

As always, players need a current (within the last two years) physical on file in order to play. Seeing as practice starts the first day of school, please take care of this over summer break. *Contact the school office about the status of your child's sports physical: jmcmahon@nles.us or 715-543-8417 ext. 117.*

Please email the coaches (cwallace@nles.us, jkedzierski@nles.us) if your daughter plans on playing this year. We'd like to get a feel for numbers before September comes.

Thanks!

2026 North Lakeland Volleyball Schedule

Updated 6/24/26 (subject to change)

	Monday	Tuesday	Wednesday	Thursday	Friday
August	17	18 7th/8th practice 3:30-5pm	19	20 7th/8th practice 3:30-5pm	21
	24	25 7th/8th practice 3:30-5pm	26 Open House	27 7th/8th practice 3:30-5pm	28
September	31	1 FIRST DAY OF SCHOOL Practice 3:30-5:00	2	3 Practice 3:30-5:00	4 NO SCHOOL
	7 NO SCHOOL	8 Practice 3:30-5:00	9	10 Game vs LDF at home	11 Open Gym 3:30-4:30
	14 Practice 3:30-5:00	15 Game @ AVW Start 4:00	16	17 Practice 3:30-5:00	18 Open Gym 3:30-4:30
	21 Practice 3:30-5:00	22 Game @ LDF	23	24 Practice 3:30-5:00	25 Open Gym 3:30-4:30
October	28 Practice 3:30-5:00	29 Game vs AVW at home Start 4:00		1 <i>OUTDOOR ED</i>	2 <i>OUTDOOR ED</i>
	5 Practice 3:30-5:00 <i>Potential 8th grade tourney day??</i>	6 Game vs MHLT at Home	7	8 <i>Potential team party??</i>	9

Reminder: 5th graders are encouraged to stay for home games. They will not travel to away games with the team. All games start at 3:45 p.m unless otherwise noted.. JV plays first, followed by Varsity (usually around 5 p.m.)

JV: 6th graders and some 7th graders / **Varsity:** 8th graders and some 7th graders

For the 8th grade fun tournament will be in October, just 8th graders will go and will be mixed up with other 8th graders in the league to play a fun tournament at LUHS.